

## Through the Woods

### A. Walk to the sea

This is a nice and easy footpath through the pine forest that takes you from the villa to Azenhas do Mar (about 4 km - A in map)

### By the Cliffs

There are several footpaths by the cliffs, with beautiful scenery and different degrees of difficulty, but where you can walk quite safely.

### B. From Azenhas do Mar to Praia da Aguda

This path allows an easy walk of about an hour. Leave the car by the kiosk in Azenhas do Mar, take a street up the village. On the top, just go along the cliffs to Praia da Aguda and return. In addition, you can walk north, past Praia da Aguda take the paths by the cliffs as far as Praia do Magoito (another hour and a half for a return walk).

### C. From Praia Grande to Praia das Maças (easy)

Leave the car in the car park near restaurant "O Croa" (before Praia Grande) and walk northwards by along the cliffs until Praia das Maças, and return.

### D. From Praia da Adraga to Praia Grande (medium - dinosaurs' footprints)

Leave the car in the car park of Praia da Adraga. Climb the hill northwards (this is the difficult part of the walk) and continue by the cliffs until you get on top of Praia Grande. You should go down the stairs to the beach and check dinosaur footprints by the stairs. At leisure pace, this walk can take one and a half hours.

### E. From Praia da Adraga to Cabo da Roca (difficult)

(This is the most difficult suggestion, but you can tune it to your own choice.) Leave the car in the car park of Praia da Adraga. Climb the hill southwards (less difficult than the north slope). At the top you should turn right (north) to see the "Fojo" an impressive natural "hole" down to the sea, 90 meters deep. From there, take the paths southward and go as far as you please. You can go as far as top of Praia da Urso (allow about two hours with the return).

If you feel brave enough, you can go further south as far as Cabo da Roca (the westernmost tip of continental Europe) and that can take you some more two hours.

